



Good to Know	A V O I D B R A N D S T O L O O K F O R	Skin	Hair	Soap/ Deodorant	Make up	Baby
<p>◆ The European Union bans ingredients known or suspected to cause cancer, damage DNA, or interfere with normal reproduction, including hormone disruptors.</p> <p>◆ U.S. has no such ban.</p> <p>◆ FDA cannot require safety testing of cosmetic products prior to marketing.</p> <p>◆ Claims such as "natural," "organic," or "dermatologist-tested" are unregulated and undocumented.</p> <p>Good to Do</p> <ul style="list-style-type: none"> ✓ Read ingredients (they must be listed). ✓ Look for USDA Organic Seal (no synthetic chemicals). ✓ Check ewg.org/skindeep for product hazard ratings. ✓ Use fewer products. Choose those with simpler ingredients. 		<ul style="list-style-type: none"> ● Hydroquinone in skin lighteners ● Retinyl Palmitate in anti-aging products, moisturizers ● Fragrance ● Diazolidinyl urea ● Parabens ● TEA (triethanolamine) ● BHT (Butylated hydroxytoluene) 	<ul style="list-style-type: none"> ● Dark permanent dye ● Resorcinol in hair color/ bleach ● "Keratin-based" hair smoothing treatments ● PEGs ● Ingredients with "-eth-" in the name (ie: Ceteareth), ● Parabens ● DMDM hydantoin 	<ul style="list-style-type: none"> ● Triclosan or "anti-bacterial" Triclosan is an antibacterial chemical linked to cancer and hormone disruption. Found in soaps, cleansers, deodorant, antiperspirant. ● Fragrance ● Parabens ● Diazolidinyl urea ● DMDM hydantoin ● Aluminum (in antiperspirant) <p>◆ Safer tip: use deodorant instead of antiperspirant</p>	<ul style="list-style-type: none"> ● Lead: a contaminant in lipstick. Not on label. Highest levels found in Maybelline and L'Oreal. High lead levels in: NARS, CoverGirl, StarGazer. ● Mercury (thimerosal) in eye products ● Petroleum distillates in mascara ● Talc in loose powders ● Fragrance ● Parabens ● BHA (Butylated hydroxyanisole) 	<ul style="list-style-type: none"> ● Fragrance ● Parabens ● Ingredients with "-eth-" in the name (ie: sodium <i>laureth</i> sulfate), often in bubble bath or shampoo ● Formaldehyde-releasers (often in baby wipes): <ul style="list-style-type: none"> ○ Bronopol (2-Bromo-2-Nitropropane-1,3-Diol) ○ DMDM hydantoin ○ Imidazolidinyl urea
<ul style="list-style-type: none"> Aubrey Organics Alba Avalon Organics Badger Burt's Bees Dr. Bronner's Magic Soap EO Products EveOrganics.net Green Beauty Jason Naturals Juice Beauty Juice Organics MiEssence PurplePrairie.com Shea Moisture Terressentials.com Tree Hut Shea Weleda WoodSpriteOrganicBody.com 	<ul style="list-style-type: none"> Aubrey Organics Alba Avalon Organics Burt's Bees Dr. Bronner's Magic Soap Eco Store USA EO Products Giovanni HoneybeeGardens.com Juice Organics MiEssence Origins Shea Moisture Terressentials.com Weleda Yes to Carrots 	<p>Soap</p> <ul style="list-style-type: none"> Avalon Organics Clean Well (antibacterial) Dr. Bronner's Magic Soap Eco Store USA EO Products Giovanni <p>Deodorant</p> <ul style="list-style-type: none"> Crystal Body Crystal Essence HoneybeeGardens.com <p>Soap & Deodorant</p> <ul style="list-style-type: none"> Aubrey Organics Alba Burt's Bees Jason Naturals Miessence Origins PurplePrairie.com Sweet! Deodorant Terressentials.com Weleda 	<ul style="list-style-type: none"> Aubrey Organics CoastalClassicCreations.com Colorganics EcoGloMinerals.com EveOrganics.net Dr. Hauschka HoneybeeGardens.com Juice Beauty Lavera.com Monave.com NoMiss.com nvey/ eco Organic Wear Origins RejuvaMinerals.com UtterlyOrganic.com 	<ul style="list-style-type: none"> Aubrey Organics Avalon Organics Aveeno Baby Organic Harvest BabyGanics* Badger BeeAllNatural.com Boudreaux's All Natural Burt's Bees California Baby Earth Mama, Angel Baby Earth's Best Organic* EcoStore USA Fiddlebumps.com Johnson's Natural Baby Live Clean (at Walgreens) Seventh Generation* Shea Moisture Weleda Yes to Baby Carrots *Wipes (in addition to above *brands) Meijer "Sensitive" Walgreens "Premium" 		
<p>Local retailers: Bed, Bath, & Beyond, Better Health Store, CVS, Meijer, Natural Food Patch, Plum Market, Target, Vitamin Shoppe, Vitamin Village, Walgreens, Whole Foods, Zerbo's Health</p> <p>Web sales: eveorganics.net, fiddlebumps.com, honeybeegardens.com, lavera.com, live-clean.com, utterlyorganic.com, woodspriteorganicbody.com, wotnot.com.au</p>						

*Ecology Center does not endorse any brand, retailer, or manufacturer. These lists are not comprehensive. New products continually enter the marketplace and manufacturers reformulate.